

**2009-2010
OUA RUGBY - MEN
Rules and Regulations
Updated July 2009**

1. ADMINISTRATION

1.1 See General Regulations

2. AWARDS

2.1 The Turner Trophy - Awarded to the OUA championship team. Presented by Dr. G. Turner of McGill University in 1957.

2.2 The OUA All Star Rugby team and Coach of the Year are to be selected each year using the following system. Coaches will nominate the number of all-stars allotted to them as specified by their final placement during regular season play. The number of All-Stars awarded to institutions will be distributed at follows:

Based on Standings:

First place – 6 players

Second place – 5 players

Third place – 5 players

Fourth place – 4 players

Fifth place – 4 players

Sixth place – 3 players

Seventh place – 3 players

Eighth place – 2 players

Ninth place – 2 players

for a total of 34 Men's Rugby All-Stars. **Coaches will forward their nominations to the convener before the coaches meeting.** [Amended July 2009]

2.2.1 Coaches will vote for the four major awards: MVP, Rookie of the Year, All Around Player (awarded presented will be OUA Men's Rugby Trillium Award) and Coach of the Year. Coaches will nominate their athletes by filling out a nomination form (see appendix A) and forwarding it to the convener before the coaches meeting. Votes on major awards are due, to the convener, by 5pm the Wednesday following the coaches meeting.

2.2.2 Voting for OUA Coach of the Year shall be as follows:
The Coach of the Year vote will be circulated by the Convener; all OUA coaches' names shall appear on the form. In addition, relevant information shall be included. Coaches shall vote for four (4) coaches, in ranked order giving four (4) points to their top choice, three (3) points to their second choice, etc... The coach who receives the most points shall be named OUA Coach of the Year. Coaches may **NOT** vote for themselves.

2.3 An OUA Banner shall be awarded to the institution winning the team championship.

2.4 OUA Gold Medals shall be awarded to each member and coach of the championship team. OUA silver medals shall be awarded to each member and coach of the team finishing second. Bronze medals shall be awarded to each member and coach of the team winning the third-place game.

3. DESIGN FOR COMPETITION

3.1 The league shall be comprised of one division made up of nine teams

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|----|-------------------------------|----|------------------------|
| 1. | University of Western Ontario | 7. | Queen's University |
| 2. | McMaster University | 8. | University of Toronto |
| 3. | University of Waterloo | 9. | Royal Military College |
| 4. | Wilfrid Laurier University | | |
| 5. | University of Guelph | | |
| 6. | Brock University | | |

3.1.1 New league structure for men's rugby shall consist of:

1. 8 league games
2. 7 weeks of play with week 1 and week 6 comprising of two games that week (Wednesday/Sunday games)
3. Each team receives one bye week
4. Game points will include 4 for win, 2 points for a draw, plus additional bonus points for scoring 4 or more tries and/or a loss within 7 points as per SANZA point system.

[Amended July 2009]

3.2 It is recommended that all Saturday games shall begin at 3:00 p.m. and mid-week games at the discretion of the host institution.

3.2.1 The length of each game shall be 80 minutes, (two, forty minute halves) with a five-minute interval at halftime.

3.2.2 **STANDARD OPERATING PROCEDURES (SOP) (recommended as guidelines)**

The following are to be included in operating procedures for Men's Rugby:

1. Dedicated changeroom facilities for visiting teams where possible.
2. Visiting teams should have access to the playing surface a minimum of 1 hour before match time.
3. Home team is responsible for confirming officiating assignments with game officials 48 hours before the match.
4. There must be a control zone established on side of the field of play the entire length of the sideline, a minimum of 5metres from the sideline. This is to prevent spectators for encroaching on the field of play and increasing the possibility of being injured. Generally this area is roped off. (Note: the barrier should discourage spectators from encroaching on the sideline but must be erected as to reduce injury if a player were to land on the barrier. It is recommended that the posts be weighted for flexibility and safety, rather than staked.)

3.3 There shall be no overtime in league games. Two points shall be awarded for a win and one point for a tie.

3.4 Ties at the end of the regular season shall be resolved by the formula set out in the General Playing Regulations.

4. CHAMPIONSHIP COMPETITION

4.1 The top six (6) teams will advance to playoffs.

4.2 QUARTER-FINALS

- # 1 and # 2 seeds receive bye to Semi Finals
- #6 @ #3
- #5 @ #4

4.3 SEMI-FINALS

Lowest remaining seed @ #1
Highest remaining seed @ #2

- 4.4 **BRONZE MEDAL:** SF losers @ home of higher ranked of the two teams**
CHAMPIONSHIP: SF winners @ home of higher ranked of the two teams**

**For the 2009 season, the OUA Championship and Bronze Medal game will be played at Fletcher's Field on Saturday, November 14 in partnership with Rugby Canada and the Ontario Rugby Union.

[Amended July 2009]

- 4.5 In playoffs, if at the end of regulation time the score is tied, there shall be two (2) overtime periods of ten minutes each. There shall be a change of ends before the start of overtime and before the start of the second overtime period. There shall be a one-minute rest before the start of each period of overtime. If still tied, teams will play one (1) additional 10-minute sudden death overtime period. If still tied, then teams will identify five (5) players that will attempt kicks at centre of the 22-metre line. Teams with the highest total of successful kicks will be declared the winner. If teams are still tied, the kicking process will be repeated a further 10-metres back (repeat if necessary), until a winner is declared.

5. RULES

- 5.1 The Rules of the Canadian Rugby Union shall govern competition with the specific safety variations being applicable.

5.1.1 The Safety Laws would be applied in OUA play in the scrummage only.

5.2 Second teams are not supported by the OUA.

6. DISCIPLINE

6.1 A player sent off for any reason whatsoever is automatically suspended for the succeeding game.

6.2 One additional suspension may be warranted at the discretion of the convenor and referee.

6.3 Two send-offs will result in an automatic suspension for the rest of the season.

7. EQUIPMENT

The official game ball for Men's Rugby regular season and OUA playoffs is the Gilbert Barbarian (size 5)

NOTES:

1. Regulation for inclusion of two (2) accredited Touch Judges for matches was tabled at the OUA level pending feasibility of costs and availability.
2. Fine for not providing Touch Judges for a game was also tabled at the OUA level.

**APPENDIX A
MAJOR AWARDS NOMINATION FORM
OUA MEN'S RUGBY – 2009**

Universities nominating athletes for OUA major awards must complete the following form. Incomplete forms will result in the nomination **NOT** being considered at the OUA level. All information **MUST** be submitted electronically.

Sport: MEN'S RUGBY

1. Nominations must be sent to: _____ (OUA Rugby Convenor)
2. Nominations must be received by: _____
3. Awards Categories:
 - a) Divisional Most Valuable Player of the Year
 - b) Divisional Rookie of the Year
 - c) Divisional All Round Player
 - d) Divisional Coach of the Year – all coaches will be listed for voting purposes.

REQUIRED INFORMATION:

Major Award Category: _____

Name: _____

University: _____ Division: _____

Hometown: _____

Position: _____

Year of Eligibility: _____

Faculty and Program: _____

Year in Program: _____

Date of birth: _____

Stats (current regular season only):

Athletic Awards won in current season (team, conference):

Community Service/Volunteering/Leadership Example (for applicable awards):

Brief thumbnail sketch (include quote from coach):